

## VALUES

Achievement	Dialogue	Fun & Play
Adventure	Decisiveness	Gratitude
Ambition	Dependability	Generosity
Art	Depth	Grace
Attractiveness	Determination	Growth
Autonomy	Diplomacy	God's will
Balance	Duty	Health
Beauty	Education	Helpfulness
Belonging	Efficiency	Harmony
Clarity	Enthusiasm	Happiness
Compassion	Environmental ethics	Honesty
Calmness	Excellence	Hopefulness
Challenge	Elegance	Hospitality
Cheerfulness	Empathy	Humility
Collaboration	Encouragement	Humour
Cooperation	Experience	Imagination
Confidence	Expertise	Industriousness
Connection	Exploration	Inner-peace
Contribution	Expressiveness	Initiative
Courtesy	Fairness	Integrity
Competence	Family	Intimacy
Comfort	Faith	Intuition
Conflict resolution	Financial Stability	Inventiveness
Contentment	Flexibility & Adaptability	Insightfulness
Commitment	Flow	Joy
Control	Forgiveness	Kindness
Courage	Friendship	Knowledge
Curiosity	Future Generations	Leadership
Creativity	Fitness	Learning



Listening  
Liberty  
Longevity  
Love  
Loyalty  
Mastery  
Mentoring  
Mindfulness  
Modesty  
Mutuality  
Mystery  
Monogamy  
Nurturance  
Non-conformity  
Openness  
Order  
Originality  
Optimism  
Patience  
Passion  
Perceptiveness  
Philanthropy  
Pragmatism  
Precision  
Presence  
Perseverance  
Personal Growth  
Professional Growth  
Power  
Positive impact  
Popularity

Rationality  
Reliability  
Responsibility  
Recognition  
Respect  
Risk-taking  
Rest & recreation  
Resourcefulness  
Romance  
Safety  
Self-acceptance  
Self-awareness  
Self-discipline  
Service  
Sexuality  
Simplicity  
Sincerity  
Silence & solitude  
Social justice  
Spirituality  
Spontaneity  
Stability  
Teamwork  
Tolerance  
Tradition  
Truth  
Trust  
Uniqueness  
Variety  
Virtue  
Vision

Warmth  
Wealth  
Well-being  
World Peace  
Wisdom